



Somers Senior Center April 2025 Newsletter



Somers Senior Center
19 Battle Street, Somers CT 06071
860-763-4379

Mon-Thurs 8am-4pm, Fri 8am-12pm

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Somers Human Services
619 Main Street, Somers CT 06071
860-265-7551

Mon-Wed 8am-5pm, Thurs 8am-6:30pm

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Happy Easter

The Town of Somers Senior Center and activities offered are open to all individuals ages 55+. Registration is **FREE** and all 55+ are welcome! It is our goal to create a warm and welcoming environment where members can take part in recreational, educational and social activities. Please note, Senior Center staff cannot physically assist or act in the capacity of an aide to members who are unable to ambulate independently. If you find that you are experiencing difficulty ambulating independently and require extra assistance via a friend, family member or aide, the Somers Senior Center encourages you to bring your companion with you when you attend activities and events so that you may continue to enjoy all that the Senior Center has to offer. Interested in becoming a member? Fill out our **Membership Registration Form** and become a member today!



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CLOSINGS & CANCELLATIONS

We will be **CLOSED** on Friday, April 18th in observance of Good Friday. There will be **NO COFFEE TALK OR CHAIR AEROBICS on Friday, April 11th**





Somers Human Services



Champ's Place Food Pantry



Somers Congregational Church, 599 Main Street; 860-763-4021
Open Mondays from 10am to NOON and from 6pm to 7pm.



Mobile Food Truck



Connecticut Food Share brings fresh foods to Champ's Place!
Wednesday, April 9th & 23rd from 1:00pm to 1:30pm.

HINT: Bring a small cart, laundry basket, sturdy box or shopping bags to easily carry items home with you.

Call Annette Ramsdell in Human Services at 860-265-7551 x1 to make an appointment for any services below:

Application Assistance available for SNAP, Medicaid and Financial Assistance.

Meals-on-Wheels available for homebound seniors and people with disabilities. Energy Assistance from Access Agency will be ending soon, but Operation Fuel is open for applications.

Financial coaching and budget assistance is now available!

Let us help you untangle your bills and organize to help meet your needs and financial goals. Schedule a confidential, one-on-one appointment with a financial coach.

Renters' Rebate opens April 1!! Somers Human Services will host on site application assistance at Woodcrest, for residents of Woodcrest only, on April 9th and 10th. Schedule your appointment with Fran Little at Woodcrest. All others (including if you live at Woodcrest and cannot attend on the 9th or 10th), please call Annette Ramsdell for an appointment at 860-265-7551 x1. Requirements: age 65+ or are 100% disabled and receive SSI or SSDI, live in Connecticut for at least one year, paid rent in Connecticut in 2024. Maximum income for single is \$45,200 – Maximum income for married couples is \$55,100.





Senior Center Updates



WHAT'S GOING ON IN SOMERS?

Stay up-to-date and follow the Town's news, updates, and live meetings! Want to know when each Department meets and what they are working on? Be sure to follow the [Town's Meeting Schedule](#). All Board of Selectmen, Board of Finance, Zoning Commission and Zoning Board of Appeals meetings are held LIVE each month and can be watched on the Town's [You Tube Channel](#). The Board of Education meetings are also held LIVE on their own [You Tube Channel](#). If you can't watch the meetings live, you can always watch them when you have the time. If you don't have a computer, come on in to the Senior Center and we'll hook you up!

NEW PAYMENT METHOD FOR FIT & FUN AND STRETCHING WITH KEELY

Starting in April we will not be using punch cards after your current punch card is completed for Fit and Fun and Stretching with Keely. We are switching to a 10-week class series for \$40. Once your current punch card is complete, please see a staff member & they will prorate the cost if the series has already begun or there are certain dates in the series you know you are unable to attend. If you should miss a class during a series, there are no refunds, and it does not carry over to the next series unless the instructor cancels a class. **Please see series dates on page 4.**

PICKLEBALL NOTICE

Starting in July, 2025 - There will be a \$5 charge per month per player to play pickleball.

OUR NEW KITCHEN IS OPENED AND READY TO SERVE!

We are so excited to announce that our kitchen renovations are complete and we can't wait to start using it! Thank you for your patience and hope you stop by to take a look! Please note, we will still limit who enters the kitchen to employees and trained volunteers. We have new appliances that are a little more technical and we are learning to use. There is a small refrigerator, microwave, coffee and water station outside of the kitchen for everyone to use. Thank you for your understanding and look forward to many amazing meals, moments and memories to come!

Everbridge ~ Town of Somers Alert System

Notification Program Overview... The Town of Somers launched a mass notification service that allows us to alert you. You opt-in to enter your contact information and subscribe to notifications you care about.

The information you provide is protected and will not be used for any other purpose.

How It Works... When we issue a notification about a potential safety hazard or concern, you will receive a message on the voice or text communication methods that you have registered. If requested for the notification, you can confirm that you have received the message and you will not be contacted by any subsequent methods regarding that particular notification. If you do not confirm, the system will continue to attempt to reach you at all of the contact paths that you have registered.

Sign up for Notifications... Create an account and add your contact information into the Mass Notification system. You can stop receiving at any time by removing your contact information from your profile.

Let us know if you need assistance signing up! We'd be happy to help you!

SCAN ME





Health & Wellness Classes

Qigong- Mondays, 9-9:45am Indoors at the Sr. CenterFREE**** Join us as we explore different YouTube videos that provide a simple approach of learning the benefits of Qigong.

Chair Aerobics- Tuesdays & Fridays, 10-11:00am at Sr. CenterFREE**** A classic DVD chair fitness program. All levels are welcome!

"Fit & Fun" - Wednesdays, 10-11:00am-Kibbe Fuller Gym - \$40 for 10 week series: 4/2, 4/9, 4/16, 4/23, 4/30, 5/7, 5/14, 5/21, 5/28, & 6/4.

Sign up anytime, & price will be prorated. Join Chelsea Lowe, A Better Self, LLC for a low-impact, total body workout with great music! This class strengthens muscles through mindful movement & breathing.

Qigong w/Linda - Thursdays, 9-9:45am-Kibbe Fuller Gym or outdoors at Sr. Center (weather permitting) \$40 for 10-week series: 3/6, 3/13, 3/20, 3/27, 4/10, 4/17, 4/24, 5/1, 5/15, & 5/22.

Sign up anytime, & price will be prorated. Come learn & experience gentle qigong & yin restorative yoga. Calm your mind, become stronger & be at ease in your life with this class.

Stretching w/ Keely-Thursdays, 10-11:00am-Kibbe Fuller Gym - \$40 for 10-week series: 4/3, 4/10, 4/17, 4/24, 5/1, 5/8, 5/15, 5/22, 5/29, & 6/5. Sign up anytime, & price will be prorated. Dim the lights & listen to meditation music as you learn basic yoga type stretch moves while sitting or standing.

Pickleball- Tuesdays & Fridays, 9-11:00amFREE** Weather permitting. Tennis courts at Field Road Park.** Four Courts/Paddles provided all year. Balls provided March through October. New & experienced players welcome. **Must register with the Sr. Center & complete a Waiver Agreement if you wish to play.**

****Note: Starting July 1st it will be \$5.00/month to play.**

Games, Groups & Activities



- **Art Group- Mondays, 10-11:30am**
- ****FREE**** All mediums welcome. Bring your own ideas and supplies. **NEW!**
- **SETBACK- Mondays, 10:00am, Will teach!**
- Come spend the morning learning/playing setback!
- **Walking Group- Mondays, 10-11:00am**
- Meet at the Sr. Center at 10:00am for a fun walk to get the day started!
- **SCRABBLE- Mondays, 11:00am, Will teach!**
- Bring a friend and enjoy exercising your brain!
- **SKYJO- Mondays 1-3:00pm, Will teach!**
- Even if you are a beginner or seasoned player, please join us for this new card game that is easy to learn and fun to play!
- **Coffee Talk- Tuesdays & Fridays, 9-10:00am**
- Join your friends & make new ones for fresh coffee, tea and light snacks. **(Donations welcome for supplies)**
- **RUMMIKUB- Tuesdays, 11-1:00pm, Will teach!**
- Rummikub is easy to learn & fast moving. The "board" changes all the time as players adjust the tiles on the table. Sign up, space is limited!
- **Senior Learning Network- Tuesdays, 2-3:00pm**
- ****FREE**** Live video conferencing technology to deliver life-long learning programs.
- **Dominoes- Wednesdays, 1-3:00pm, Will teach!**
- Please come and learn the game.
- **Cornhole & Coffee - Thursdays, 9-10:30am, Will teach!** Come play cornhole and enjoy a little friendly competition with friends! It's an easy game to play, regardless of your gaming experience. **Played indoors or outdoors (weather permitting).**
- **Bingo- Thursdays, 12-3:00pm, Will teach!**
- Free coffee/tea. Bring your lunch and enjoy an afternoon of Bingo!





Special Programs & Events



PAINTING WITH SANDY

Wednesday, April 2nd

11:00am - 2:00pm

\$15/pp includes all materials

Artist Sandy Poirier will instruct an acrylic painting workshop of this spring canvas.

**Limited space
Payment is due upon sign up!**

SMART DRIVER™ COURSE

Wednesday, April 23rd

8:45am - 1:00pm



When you take the AARP Smart Driver course, you could be eligible for a multi-year discount on your auto insurance.* Plus this course teaches proven driving techniques to help keep you and your loved ones safe on the road.

**\$20 for AARP members
\$25 for non-AARP members**

GRIEF SUPPORT

Mondays, 10:00am-11:00am

March 24th, 31st, & April 7th

Free Grief Support Group with Karla Vince from the Visiting Nurse & Health Services of CT.



LUNCH BUNCH- NEW ENGLAND AIR MUSEUM/SKYLINE RESTAURANT

Tuesday, April 29th 10:30am

\$15/pp due upon signup

(Covers museum ticket & transportation)



EASTER CRAFT

Wednesday, April 9th

1:30pm

Join Pam for an Easter Craft! Make this adorable decoration just in time to decorate your Easter table!

**\$5/pp - Due upon sign-up
Includes all materials**



"ASK THE ATTORNEY" (By Appt.)

Wednesday, April 30th

1:00pm-3:00pm



Kraner & Hess, Attys at Law will return to the Senior Center for one-on-one 15 minute appointments. Please call to reserve your spot.

"DISPELLING HOSPICE MYTHS & MISCONCEPTIONS"

Wednesday, April 30th

11:00AM

Join Visiting Nurse & Health Services of Connecticut for an enlightening presentation. This informative session will address common misunderstandings about hospice services, eligibility, and benefits. Learn how hospice care can enhance quality of life and provide compassionate support for loved ones and caregivers alike. Light snacks and refreshments will be served.

We encourage caregivers to attend.

NATIONAL HUMOR MONTH & GRILLED CHEESE LUNCH by CHEF PAM!

Friday, April 11th

11:00am



Our kitchen renovations are DONE!! Let's celebrate as Chef Pam makes her famous grilled cheese lunch and enjoy the musical talents with a little sense of humor by Richard Badowski.

\$3/pp - Due upon sign-up





Personal Care

FOOTCARE SERVICES

The Senior Center provides footcare services every month! Please call the Senior Center to make your appointment.



Dates Available:

Apr 24th

May 22nd

June 26th

With Thanks



We would like to thank the following individuals who have so generously donated to the Senior Center:

**Jeanne Cormier, Elaine Davis,
Jeff & Mary Elkas Anonymous**



Somers Senior Citizen's Club



SOMERS SENIOR CITIZEN'S CLUB LUNCHEON

Wednesday, April 16th 11:45am

Meatballs and tomato sauce with penne pasta, summer squash, rolls & butter and spring cupcakes for dessert!

****ORDER IN ADVANCE REQUIRED**
Call Dan Fraro at (860) 749-7108 to order
Must order by noon the Monday prior to lunch ~ \$5 payable at the door**

SPA SERVICES

The Senior Center offers spa services by **MA Licensed Tech Diane Neill**. **First Wednesday of the month. Call the Senior Center to book your appointment.**

Signature Facial.....\$38
Microdermabrasion Facial.....\$48
LED Light Therapy.....\$15
Waxing Services:
(brow, lip, chin etc.).....\$7 - \$18

Cash or Check only



EGG HUNT

Easter Egg Hunt

The Rotary Club of Somers will be holding its annual Easter Egg Hunt on **Saturday, April 12th at 10:00am** at Field Road Park. We get a large turnout of parents but it might be an opportunity for grandparents to strengthen family bonds and enjoy the fun! The children all have a great time from ages 1 to 10, with plenty of eggs to hunt, some with prizes attached.

Veterans Peer Support Group



Are you a veteran looking for support, camaraderie, and a place to share your experiences? Join the Veterans Peer Support Group in Somers, led by fellow veteran David Mortimer.

**When: 1st & 3rd Monday of every month
Where: Somers Town Hall, Executive Conference Room
Address: 600 Main St., Somers, CT
at 7:00 PM.**

***Connect with those who understand.
No judgment, just support.
All veterans are welcome!**





Meal/Events

Home Helpers® Luncheon

Tuesday, April 1st
12:00pm

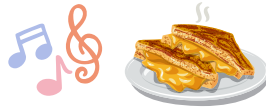
Space is Limited
Sign up by Mar. 27th



Grilled Cheese Luncheon

Friday, April 11th
11:00am, \$3/pp

Grilled cheese sandwich
lunch by Chef Pam and
the musical talents of
Richard Badowski



Lunch Bunch

Tuesday, April 29th
10:30am

\$15/pp (ticket & transp.)



Birthday Luncheon

Tuesday, April 22nd
12:00pm

Space is Limited
Sign up by Apr. 16th



HELP Hotlines

CT INFO LINE - Dial 211

Vital Resource to find available community services

CHOICES - 1-800-994-9422

Assistance with Medicare, Medigap and Medicare Part-D applications

CONSUMER LAW PROJECT FOR ELDERS - 1-800-296-1467

Free Legal Assistance for Seniors with consumer problems

ELDER JUSTICE HOTLINE - 1-860-808-5555

Elder justice issues can range from age-based discrimination in the workplace to scams and fraud, elder abuse, neglect & exploitation. If you have been the victim of any of these, please call! They are there to help!

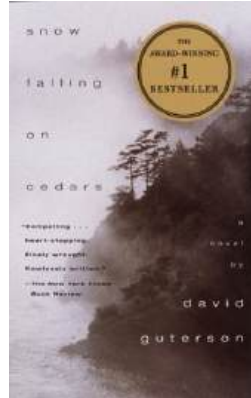
Book Club



Book Club with Somers Librarian Coordinator, Allison Rief

Thursday, April 17th
3:00pm

Snow Falling on Cedars by David Guterson



The plot unfolds as a mystery in a 1954 courtroom murder trial on "San Piedro Island" in Puget Sound. The defendant, Kabuo Miyamoto, stands accused of killing Carl Heine because of a real-estate deal gone awry. The deal dates back to the time just before Pearl Harbor, when Issei had been forbidden from owning property. Snow Falling on Cedars explores the notions of love and loss as they relate to racism, responsibility and injustice.

Please call 860-763-4379 to pick up a book and join this great group if you love reading!

Somers Historical Society



The Somers Historical Society Museum is now open for the season!

Sunday Hours are 1:00 - 3:00 pm



April 27th

May 15th

June 26th

July 20th

Aug 17th

Sept 21st

Oct 19th

Nov 16th

Town Holiday Festival

The Somers Historical Society, Inc.

P.O. Box 652

Somers, CT 06071

(860)749-6437





Elderly Tax Relief Program

Elderly Tax Relief Program

State law provides a property tax credit program for Connecticut owners in residence of real property, who are elderly (65 and over) or totally disabled, and whose annual incomes do not exceed certain limits.

Where:

Town Assessor Office

When:

February 1st - May 15th (re-apply every 2 yrs.)

Requirements:

65yrs or older

Must own the property

Must reside in the home at all times

Proof of Income (1040) Federal Tax Return

\$45,200 (single limit)

\$55,100 (married limit)

Questions? Please contact Karen Neal at 860.763.8202 or kneal@somersct.gov



Somers Public Library



****Please be advised that the Friday afternoon movies at the Somers Public Library will not be held for the month of April due to Good Friday, the Friends of the Library Book Sale and the School Art Show. Movies will resume on Friday, May 16th****



Movie Time!



Comedy

Rated: PG

1hr 30 min

"Peter Rabbit"

Wednesday, April 16th

1:30pm

Peter Rabbit and his three sisters -- Flopsy, Mopsy and Cotton-Tail -- enjoy spending their days in Mr. McGregor's vegetable garden. When one of McGregor's relatives suddenly moves in, he's less than thrilled to discover a family of rabbits in his new home. A battle of wits soon breaks out as

the new owner hatches scheme after scheme to get rid of Peter -- a resourceful rabbit who proves to be a worthy and wily opponent.

Care Cafe'

**The first Tuesday of every month
10:00am Library Conference Room**

We welcome those living with dementia and their care partners for beverages, conversation and support.

Join Karla Vince & Nicole Madson from Visiting Nurse and Health Services of CT.

NO REGISTRATION NEEDED



Somers Public Library

2 Vision Blvd

Somers, Connecticut 06071 | 860





The Senior Learning Network at the Somers Senior Center



The Senior Learning Network uses live video conferencing technology to deliver life-long learning programs to groups of older adults in retirement communities, nursing homes, assisted living, adult day cares, community centers, libraries and other venues.

April 1st: Tour of The Petroleum Museum, Permian Basin

Founded in 1975 by over 500 community leaders under the leadership of George T Abell, the Museum tells the story of petroleum and the rugged lives of men and women who sought a better life. The Petroleum museum is the largest museum dedicated to the petroleum industry and its peioneers, and welcomed over one million visitors worldwide. A visit to the Petroleum Museum is an amazing journey through over 230 million years of history. The mission of the museum is to share the petroleum and energy story and its impact on our lives.



April 15th: - The Civil Rights Trail- Selma Interpretive Center

In 1996, Congress established the Selma to Montgomery National Historic Trail to commemorate the people, places, and marches of the 1965 Selma to Montgomery Voting Rights Movement and the Selma to Montgomery March. After decades of struggling with Southern Jim Crow laws and to exercise their right to vote, Black citizens were finally successful in fulfilling that right with the signing of the 1965 Voting Rights Act. Join Park Ranger Theresa Hall with the National Park Service, the Selma to Montgomery National Historic Trail for an introduction to the Voting Rights Movement and the Trail that commemorates it on Tuesday, April 15,



April 8th: " Stars of the Vikings"- Mystic Seaport Museum

We are looking forward to once again visiting one of our favorite museums- The Mystic- with Brian Koehler! Join us as we learn about the stars and constellations as seen by Norse people in the European region of Scandinavia. We will hear stories about these ancient seafarers, and explore



Norse legends that sought to explain phenomena in the sky, including the Milky Way, eclipses, and the Aurora Borealis.

April 22: Federal One: Saving the Arts in the Great Depression/ FDR Presidential Library and Museum

One of the lesser known aspects of the WPA- the Federal One Project, helped to ensure that the American creative spirit continued on in writing, visual arts, dance, and performance during the dark days of the Great Depression. Join us as we learn about examples of the New Deal murals, writings, performances, and why the arts were so important to the WPA and the country.





The Somers Senior Center would like to acknowledge our members with April Birthdays!



April 1st:

Patricia J.
Kevin B.
Robert D.
Daniel C.
Larry C.

April 3rd:

Bud K.
Elaine D.
MaryAnn Z.
Sofia Van H.
Barbara S.

April 4th:

Gary E.
Eileen K.
George C.
Bonnie H.
Geri St. M.
Donna H.
Mark R.

April 5th:

Joyce M.
Mary S.
Rebecca R.

April 6th:

Sylvia K.
Donna L.

April 7th:

Sharon A.
Aileen M.
April 8th:
Daniel C.
David C.

April 9th:

Barbara F.
Mary E.

April 10th:

William H.
Rick C.

April 11th:

Ken L.
Harold T.
Dale F.

April 12th:

Edward S.
Theresa L.
James R.
Norris W.
Susan W.
Nancy M.
April 12th:
Eugene A.
Joseph K.

April 13th:

John G.
April 14th:
Violet S.
Christine Z.

April 15th:

Ann H.
Robert P.
David M.
Dennis G.
Anne Marie S.

April 16th:

Joan S.
Pat S.
Douglas S.

April 17th:

Barbara P.
Jeff K.

April 18th:

Frank S.
Peter O.

April 19th:

Phillip E.
Karen C.
Mary McG.

April 20th:

Jennifer P.
Kathleen V.
Lorna H.

April 21st:

Suzanne C.
Anthony G.
Kathleen L.
Margaret M.

April 22nd:

Helene O.
Grace R.
Margaret L.

April 23rd:

Araina H.

April 24th:

Jeannette R.

April 25th:

Robert W.
Thomas C.

April 26th:

Joel S.
Janet D.
Catherine E.

April 26th:

Carolyn R.
Pacifico S.
Kathleen M.
Debbie P.
Louise A.

April 27th:

Rose P.
David S.
Glen B.
Jackie C.
Annemarie L.

April 28th:

Mary Ann K.
Melvin J.
Elaine M.

April 29th:

Denise DeM.
Maria R.
April 29th:
Margret R.
Alan R.
Alexandra P.
Daniel B.

April 30th:

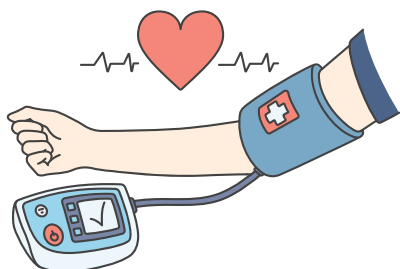
Guyline M.
Lisa V.

Happy Birthday!!



Blood Pressure Check

Don't forget that Ann Maggio, RN will be here on **Tuesday, April 22nd** at **11:30am- 12:30pm** to perform blood pressure checks!



Birthday Celebration



Our Birthday Celebration will be held on **Tuesday, April 22nd** at **12:00pm** Cake will be served following the Parkway luncheon to honor all of our April Birthdays!



1. TUESDAY	2. WEDNESDAY	3. THURSDAY	4. FRIDAY
APRIL SHOWERS Bring MAY FLOWERS	Spa Services (By Appt.) 10:00 Fit and Fun @ Kibbe 11:00 Painting w/ Sandy 1:00 Dominoes	9:00 Cornhole & Coffee 10:00 Stretching with Keely at Kibbe 12:00 Bingo 5:30 Bridge	9:00 Pickleball 9:00 Coffee Talk 10:00 Chair Aerobics 6:00 Puzzle Palooza!
9:00 Pickleball 9:00 Coffee Talk 10:00 Chair Aerobics 11:00 Rummikub 12:00 Home Helpers 2:00 Senior Learning	1:00 Easter Craft w/ Pam	11. FRIDAY 9:00 Pickleball NO COFFEE TALK NO CHAIR AEROBICS! 11:00 Chef Pam Grilled Cheese Lunch w/ music & humor by Richard Badowski	18. FRIDAY: CLOSED
7. MONDAY 9:00 QiGong 10:00 Art Group 10:00 Walking Group 10:00 Setback 10:00 Grief Support 11:00 Scrabble 1:00 Skyjo	9. WEDNESDAY 10:00 Fit and Fun @ Kibbe 1:00 Dominoes 1:30 Movie Time! "Peter Rabbit"	10. THURSDAY 9:00 Cornhole & Coffee 10:00 Stretching with Keely at Kibbe 12:00 Bingo 5:30 Bridge	11. FRIDAY 9:00 Pickleball NO COFFEE TALK NO CHAIR AEROBICS! 11:00 Chef Pam Grilled Cheese Lunch w/ music & humor by Richard Badowski
14. MONDAY 9:00 QiGong 10:00 Art Group 10:00 Walking Group 10:00 Setback 11:00 Scrabble 1:00 Skyjo	16. WEDNESDAY 10:00 Fit and Fun @ Kibbe 12:00 Senior Club Lunch 1:00 Dominoes 1:30 Movie Time! "Peter Rabbit"	17. THURSDAY 9:00 Cornhole & Coffee 10:00 Stretching with Keely at Kibbe 12:00 Bingo 3:00 Book Club 5:30 Bridge	18. FRIDAY: CLOSED
21. MONDAY 9:00 QiGong 10:00 Art Group 10:00 Walking Group 10:00 Setback 11:00 Scrabble 1:00 Skyjo	23. WEDNESDAY 8:45 AARP Smart Driver Course 10:00 Fit and Fun @ Kibbe 1:00 Dominoes	24. THURSDAY Foot Care (By Appt.) 9:00 Cornhole & Coffee 10:00 Stretching with Keely at Kibbe 12:00 Bingo 5:30 Bridge	25. FRIDAY 9:00 Pickleball 9:00 Coffee Talk 10:00 Chair Aerobics 12:00 Volunteer Appreciation Lunch by Invitation Only
28. MONDAY 9:00 QiGong 10:00 Art Group 10:00 Walking Group 10:00 Setback 11:00 Scrabble 1:00 Skyjo	30. WEDNESDAY 10:00 Fit and Fun @ Kibbe 11:00 Dispelling Hospice Myths & Misconceptions 1:00 Dominoes 1:00 Ask the Attorney (By Appointment Only)	29. TUESDAY 9:00 Pickleball 9:00 Coffee Talk 10:00 Chair Aerobics 10:30 Lunch Bunch: Air Museum/Skyline Rest. 11:00 Rummikub 2:00 Senior Learning	HELLO April 2025



Piedmont Photography Show



The Annual Piedmont Photography Show is coming soon! Sponsored by the Somers Cultural Commission, this show features amateur and professional photographers exhibiting works in black & white, full color & altered images. All works are juried for prizes with the top prize being \$500! Entry forms are available at the Somers Senior Center, Facebook, Somers Cultural Commission, and Piedmont Hall. Photo entries must be matted or framed and wired and hand delivered to Piedmont Hall, 604 Main Street on April 18th & 19th 10:00-12:00pm. The fee is \$20 for first entry and \$15 for each additional (non-refundable).

An opening reception will be held on Sunday, May 4th from 1:00-3:00pm with awards given at 1:30pm so please join us!



FRIENDSHIP TOURS
THE SHIP SHOP



The Somers Senior Center is pleased to offer the following trips! First come, first served for trips below. Full payment is due at sign-up. Please stop by the Senior Center for flyers and complete information.

Thursday, May 8, 2025 - Harvard Glass Museum & The Mapparium. Enjoy the glass flowers exhibit and tour of the Mapparium/Lunch at Maggiano's in Little Italy - ***-\$152/pp***

Wednesday, June 11, 2025 - Foster's Downeast Clambake. A Traditional Maine clambake lunch followed by shopping in downtown Portsmouth - ***-\$162/pp***

Tuesday, August 12, 2025 - Charles Riverboat Cruise. Enjoy lunch at The Cheesecake Factory followed by a narrated cruise on the legendary Charles River - ***-\$148/pp***

Wednesday, September 3, 2025 - Pilgrim Belle Harbor Tour. Enjoy a delicious lunch buffet at the East Bay Grille overlooking the harbor in Plymouth MA. Then board the Pilgrim Belle, an authentic Mississippi style paddle wheeler for a narrated cruise - ***-\$182/pp***

Thursday, October 16, 2025 - Covered Bridges of New Hampshire / Farmhouse lunch at the Inn at East Hill Farm. Enjoy a family style lunch at farmhouse tables followed by a guided driving tour of the covered bridges of Southern New Hampshire. - ***-\$148/pp***





Somers Senior Center Registration Form - April 2025 Classes, Events & Trips



Program Name	Date	Fee (if applicable)
		\$
		\$
		\$
		\$
		\$
		\$
		\$
We accept cash, credit cards and checks payable to Town of Somers	TOTAL DUE:	\$

**REGISTRATION FOR ALL EVENTS (unless noted) BEGINS ON:
March 25th FOR SOMERS RESIDENTS AND March 31st FOR NON-RESIDENTS.**

FORMS WILL NOT BE ACCEPTED PRIOR TO THIS DATE.

A REGISTRATION FORM MUST BE SUBMITTED FOR ALL EVENTS THAT YOU WISH TO ATTEND.

Somers Recreation & Leisure Services Participant Waiver

I hereby agree to release, discharge and hold harmless the Town of Somers, Somers Recreation & Leisure Services Department and the Somers BOE, its directors, employees, agents, contractors and/or volunteers from any and all liability that may occur during my participation in Somers Recreation & Leisure Services activities. I understand that participation in any recreational activity involves risk and I grant permission to the Town of Somers to utilize any medical emergency services it deems necessary to treat any injuries that I may incur. I further understand that the Town does not provide insurance for recreational program participants.

Somers Recreation & Leisure Services Photo Release

Participants in Somers Recreation & Leisure Services programs acknowledge that photographs may be taken during activities within our programs. By participating in our programs, you allow reproductions of these photographic materials to be used in promotional activities including but not limited to brochures, email campaigns, social media and more exclusively by the Somers Recreation & Leisure Services.

- I have read and am in compliance with the photo policy stated above.*
- I have read and am **NOT** in compliance with the photo policy stated above.*

Print Name: _____ **TOWN:** _____

Signature: _____

Date: _____



Somers Senior Center
Registration Form - April 2025
Classes, Events & Trips



Program Name	Date	Fee (if applicable)
		\$
		\$
		\$
		\$
		\$
		\$
		\$
		\$
		\$
		\$
		\$